



**For additional information,
please contact:**

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Aftercare at Garrett County Public Schools

Committed to Excellence

Mental Health Coordinator

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The mission of Garrett County Public Schools, in partnership with our community, is to inspire and foster student growth by providing rigorous instruction and learning opportunities, sustaining a culture of excellence, and preparing our students for life in an ever-changing world.



Garrett County Public Schools encourages your family to focus on your child's emotional well-being while receiving mental health treatment from a hospital setting.

Treatment should not be rushed as this may negatively impact your child's recovery. We understand that the healing process will not end at discharge and that your child may need assistance transitioning back to school.

Garrett County Public Schools wants you to be aware of the availability of school staff to support your child after discharge. We understand that your child may be dealing with multiple stressors, such as:

- Make up work
- Emotional instability
- Medication side effects
- Questions from peers



Aftercare Meeting

It is suggested that you contact the counseling office when your child is admitted to any hospital for crisis stabilization to request an Aftercare Meeting. The purpose of this meeting is to consider what the school can do to support your child's continued recovery. In addition to you and your child, this meeting may include:

- School Social Worker
- School Counselor
- School Psychologist
- Pupil Personnel Worker
- School Administrator
- School Nurse

The information shared in the Aftercare Meeting is confidential and will not be documented in the student's cumulative file, nor will teachers be informed unless the parent/student grants permission.

Meeting Takeaways

- An individualized plan to address make-up work and missed instruction.
- An individualized plan to address mental health needs in the school environment.
- A list of coping strategies.
- Assistance with referrals to community-based mental health supports.
- A partnership with your child's school to help reduce risk of re-hospitalization.
- An understanding of school-based supports available.
- Connection with wraparound services.

